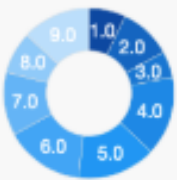


HOW TO ROCK KROK 1

Krok 1 is National Exam that tests basic fundamental scientific knowledge specific to Medicine and Dentistry. It is to be sat during the second semester of the Medicine and Dentistry 3rd year.

Krok 1. Medicine



● 1.0 Biology (6-8%)

● 2.0 Normal Anatomy (9-11%)

● 3.0 Histology (4-6%)

● 4.0 Normal Physiology (13-17%)

● 5.0 Biochemistry (13-17%)

● 6.0 Pathological Anatomy (13-17%)

● 7.0 Pathophysiology (10-14%)

● 8.0 Microbiology (7-9%)

● 9.0 Pharmacology (11-15%)

Krok 1. Stomatology



● 1.0 Biology (7-9%)

● 2.0 Normal Anatomy (13-17%)

● 3.0 Histology (9-11%)

● 4.0 Normal Physiology (10-14%)

● 5.0 Biochemistry (10-14%)

● 6.0 Pathological Anatomy (10-14%)

● 7.0 Pathophysiology (10-14%)

● 8.0 Microbiology (6-8%)

● 9.0 Pharmacology (10-14%)

An approximate breakdown of the Exam Contents

There are 2 sections:

- **Integrated Test-Based Exam**
 - 150 questions
 - 60.5% pass mark
 - 3 hours duration
- **Foreign Language Proficiency**
 - 30 questions
 - 30.5% pass mark
 - 1 hour duration

Resources

- **For past-papers and bases:**

- **Enutron:** <https://www.enutron.info/ukraine/krok-1/>
- **Dr Ashiq Tutorial:** <https://www.drashiqtutorial.com>
- **Dr Jitendra Sahu (includes explanations):** <https://www.drjitendrasahu.com>
- **Test Krok:** <https://testkrok.org.ua/?lang=en>



- **For Resources on the DMI portal:**

- **Medicine:** <https://portal.dnipromedicalinstitute.com/subject/kroks-1/>
- **Dentistry:** <https://portal.dnipromedicalinstitute.com/subject/krok-1-training-dentistry-3rd-course>



- **For notes, facts and quizzes:**

- krok_mcq
- krok_ukrine_medicine



- **For past-papers and bases:**

- K-Test



- **How to Fill in the Answer sheet:** <https://youtu.be/sDevhbcBvCc>
- **Easy Way to Learn Medicine:** <https://www.youtube.com/c/EasywaytolearnMedicine/videos>

Tips from Previous Students

Prioritise the modules with the highest percentage

Learn the theory behind the important concepts

Give yourself at least 6 weeks to revise

Repeat past papers, especially questions you get incorrect

Do plenty of past papers

The Foreign Language section is just more Krok questions

Try to memorise key words and phrases that always pop up